



**MARITIME ACTIVITIES CONSULTANTS S.A.**

**"CONNECTING YOUR BUSINESS  
TO THE MARITIME RESOURCES YOU NEED"**

**Subject: "New Medical App - Mariners Medico Guide"**



**Summary:** The current M.A.C. S.A. Newsletter reports on the recent P&I Club's announcement on launching a new international digital medical guide to improve medical treatment on board and potentially save lives.

1. As per a recent announcement and a respective presentation at the side of an IMO's Sub-Committee the P&I Club Gard and the Norwegian Centre for Maritime and Diving Medicine have launched a new international digital medical guide to improve medical treatment on board and potentially save lives. The new medical app has been developed by Gard and the Norwegian Centre for Maritime and Diving Medicine to improve the health protection and medical care of seafarers onboard ships.
2. The **"Mariners Medico Guide" (MMG)** differs from other ship medical guides in several ways. As it is digital, it can be quickly and easily updated. Moreover, it covers both physical and mental health issues, using a symptom-based approach. As it is designed and written by doctors specialized in maritime medicine, guidance is set out in simple steps and language, for users with limited medical experience and reduced accessibility to medications and medical equipment. The MMG is Flag State approved by the Norwegian Maritime Authority as its national equivalent to the 2007 WHO International Medical Guide for Ships. The MMG can be downloaded free of charge at [www.medicoguide.com](http://www.medicoguide.com). Fully downloadable, it can be used mid-ocean and in remote parts of a ship – even without a signal.
3. Considering that the carriage of a medical guide on board is mandatory under the International Labour Organization's Maritime Labour Convention (ILO MLC) and the International Maritime Organization's (IMO) International Convention on Standards of Training, Certification, and Watchkeeping for Seafarers (STCW) Convention, MAC S.A. advocates its customers in various international registries the added value in practical terms of the MMG, which as officially Flag State approved by some of the major Flag States it is considered as their national equivalent to the "2007 WHO International Medical Guide for Ships".



**"SIMPLIFYING YOUR MARITIME NEEDS"**

